

## CV Form

### Mina Shirvani

*Faculty member, Instructor, Boroujen Faculty of Nursing,  
Shahrecord University of Medical Sciences, Boroujen, IRAN*

#### CV (Curriculum Vitae)

*Last updated 2019*

<b>A. Personal Information</b>	<b>B. Education</b>	<b>C. Academic Appointments</b>
<b>D. Trainings Passed</b>	<b>E. Publications</b>	<b>F. Experience</b>
<b>G. Research Projects</b>	<b>H. Presentations</b>	<b>I. Students Supervised</b>
<b>J. Scientific - Executive Records</b>	<b>K. Honors, Awards and Inventions</b>	<b>L. Professional Memberships</b>
<b>M. Research Interests</b>	<b>N. Cultural &amp; Social Activities</b>	<b>O. Referees</b>

#### A. Personal Information

**First Name:** Mina

**Last Name:** Shirvani

**Date of Birth:** 1976

**Marital Status:** Married

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#### B. Education

Degree	Field	Institution	City	Country	Date
M.S	Nursing	TBZ	Tabriz	Iran	2006
B.Sc.	Nursing	SUM	shiraz	Iran	1999

#### C. Academic Appointments

Year	Academic Rank	Institution
➤ 2014-2019:	The Head of Nursing Department	in Boroujen nursing faculty , Shahrecord University of Medical Sciences.
➤ 2014-2017:	The Head of Operation Room Technologists Department	in Boroujen nursing faculty , Shahrecord University of Medical Sciences.
➤ 2016-2019:	The Head of Advisory Professors	in Boroujen nursing faculty , Shahrecord University of Medical Sciences.

- 2014-2019: The Advisor Professors of nursing students in Boroujen nursing faculty , Shahrecord University of Medical Sciences.
- 2016-2019: The Head of Advisory Professors in Boroujen nursing faculty , Shahrecord University of Medical Sciences.
- 2012 and 2018-19: The Head of student and cultural affairs in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2019: The manager of NEGAH system in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2013 -15: The head of Research affairs in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2013-2019: The member of Research Council in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2014-16: The manager of education development organization in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2014-19: The manager of Women's Affairs in Boroujen nursing faculty, Shahrecord University of Medical Sciences.
- 2007 -2019: The member of Iranian nursing organization. Iran.
- 2013: present Instructor of Boroujen nursing faculty, Shahrecord University of Medical Sciences.

## **D. Trainings Passed**

### **D.I. Courses**

2015 1 day 3th congress of nursing ethics. Tehran. Iran

2015 3day The 15<sup>th</sup> national seminar of education in medicine, Tehran, Iran

2013 3day The 1th national congress of information technology in health systems, Tehran, Iran

2012 Enjoining good and forbidding the evil. Bojnoord. Iran

2010 1day 2th Congress on Quran & Medicine , Shahrekord, Iran

2009 3day The 1th Andropouse and Menopouse congress ,Ahvaz, Iran

2009 3day The 8<sup>th</sup> Adolescent Health congress , Shiraz, Iran

2008 3day The Psychology seminar , Esfahan ,Iran

2007 1day The seminar on drug abuses , Boroujen , Iran

### **D.II: Workshops**

2017 : 1day medical guide Lines Shahrekord Medical Sciences University .Iran.

2017 : 1day Educational rules and regulations

Shahrekord Medical Sciences University .Iran.  
2017 : 1day story Line Shahrekord Medical Sciences University .Iran.  
2017 : 1day The Role of Professors in Student Academic Achievement  
Shahrekord Medical Sciences University .Iran.  
2017 : 1day Student Evaluation Shahrekord Medical Sciences University  
.Iran.  
2016 : 1 day LMS. Shahrekord Medical Sciences University .Iran.  
2014 : 1day EndNote. Shahrekord Medical Sciences University .Iran.  
2009 : 1 Month ICDL 1 , 2 . Boroujen

## **E: Publications**

### **E.I: Articles**

E.I.In English

- 1) Shirvani M , Shahbazi S, Heidari M, Ghodusi M. Physical Activity of Medical and Nonmedical University Students. Archives Des Sciences. 66(2);Feb 2013: 327-331.
- 2) Ghodusi M, Heidari M, Shahbazi S, Shirvani M etal. Evaluation of relationship self esteem with perceived social support in patients with Multiple Sclerosis. Archives Des Sciences. 66(2);Feb 2013: 285-294.
- 3) Heidari M, Shahbazi S, Shirvani M, etal. Awareness of nurses regarding the basics of blood pressure. Archives Des Sciences. 65(11);Nov 2012: 356-359.
- 4) Shaghaeiannejad S,mirzaeian R ,Shirvani M, et al. An Evaluation of the Extent to Which Society of Pharmacists' Standards Satisfied in the Pharmacy Information Systems of 2011. Malaysian Journal of Pharmaceutical Sciences .2011.
- 5) Heidari M, Ghodusi M, Shahbazi S, Shirvani M etal. Evaluation of relationship selfesteem with perceived social support in patients with Multiple Sclerosis. Archives Des Sciences. 66(2);Feb 2013: 285-294.
- 6) Heidari M, Ghodusi M, Borjian M, Shirvani M. Relationship of Lifestyle with Academic Achievement in Nursing Students. Journal of Clinical and Diagnostic Research, 2017 Mar, Vol 11(3): JC01-JC03.
- 7) Ghodusi M, Heidari M, Sheikhi RA, Shirvani M. Assessment The Relation Between Body Esteem With Self Esteem And Perceived Social Support In Multiple Sclerosis Patients. NJIRM Jan – Feb 2016; Vol. 7(1).
- 8) Heidari M, Ghodusi M, Shirvani M. Loneliness in Elderly and Non-elderly Residents of Nursing Homes. International Journal of Nursing Education, Vol 8 (2) April-June 2016. 71-76
- 9) Shirvani M, Heidari M, Shahbazi S, Sheikhi RA, etal. Comparison of Intelligence test Results among Hafiz and Non-Hafiz of Holy Quran

## E.II. In Persian

1. Shirvani M., Heidari M., Shahbazi S. Comparison of eating habits of Tabriz University of Medical Sciences students. Aflak (Journal of Lorestan University of Medical Sciences, School of Nursing and Midwifery Khorramabad). (30-31) 9. Spring and Summer 2016: 10-1
2. Mirzaian R, Fathi Azar A, Mobashari M, Shirvani M \* et al. Comparison of self-care status among students of Tabriz University of Medical Sciences. Journal of Ilam University of Medical Sciences. (6) December 21, 2013: 56-50
3. Heydari M. Hosni P. Gable roof General Health and Related Factors in Medical Staff of Valiasr Hospital in Borujen in 2011. Journal of Community Health Research. (1) 7. Year 2013: 49-42
4. The brothers Rezai M, Shirvan M and Fathi Azar A. Comparison of Physical Activity among Students of Tabriz University of Medical Sciences. Iranian Journal of Medical Sciences (Iranian Journal of Nursing). (55) 21. January 2008: 87-77
5. Rezai M. and Shirvani M. The Status of Stress Control in Students: Evidence Based Study of Students' Lifestyle of Tabriz University of Medical Sciences. Journal of Tabriz Nursing and Midwifery Research. Issue 5. Spring 2006: 63-54

## E.III. Books

Shirvani et al . Health in OR. A main reference for Operation Room Technologist students . Ongoing

## F. Experience

### F.I. Teaching

- 2013-present : community health nursing to nursing student , Boroujen nursing faculty
- 2013-present : person and family health nursing to nursing student , Boroujen nursing faculty
- 2013-present : environmental health nursing to nursing student , Boroujen nursing faculty
- 2013-present : research method in nursing to nursing student , Boroujen nursing faculty

- 2013-present : Clinical principles and skills in nursing to nursing student , Boroujen nursing faculty
- 2013-present : fundamental of nursing to students of nursing , Broujen nursing faculty.
- 2013-present : nursing home care to nursing student , Boroujen nursing faculty
- 2013-present : physical examination to nursing student , Boroujen nursing faculty
- 2015 : medical emergencies in nursing to nursing student, Boroujen nursing faculty
- 2013-present : nursing basic concepts to nursing student , Boroujen nursing faculty
- 2013-present : nursing professional ethics to nursing student , Boroujen nursing faculty
- 2013-present : Workshop of “prevention of nosocomial infections” to nursing student, Boroujen nursing faculty
- 2013-present : health in OR to operation room technology student student, Boroujen nursing faculty
- 2013-present : research method in OR to operation room technology student student, Boroujen nursing faculty
- 2013-present : Clinical principles and skills to operation room technology student , Boroujen nursing faculty
- 2013-present : operation room technology professional ethics to operation room technology student, Boroujen nursing faculty
- 2014-15: pathology and histology to operation room technology student, Boroujen nursing faculty
- 2015 : medical emergencies to operation room technology student, Boroujen nursing faculty
- 2013-present : general health to EMT student, Boroujen nursing faculty
- 2013-present : professional ethics in EMS to EMT student, Boroujen nursing faculty
- 2013-present : Clinical principles and skills to EMT student, Boroujen nursing faculty
- 2013-present : internal medicine (1) to EMT student, Boroujen nursing faculty
- 2013-present : internal medicine (2) to EMT student, Boroujen nursing faculty
- 2013-present : medical emergencies for special groups to EMT student, Boroujen nursing faculty

- 2013-present : medical emergencies for special conditions to EMT student, Boroujen nursing faculty
- 2013-present : medical emergencies in disasters to EMT student, Boroujen nursing faculty
- 2016-present : general health to EMT BS student, Boroujen nursing faculty
- 2016 : triage to EMT BS student, Boroujen nursing faculty
- 2013 life style for nursing, operation room technology & EMT students.

## **F.II. Clinical / Practical**

- July 2015 : Teaching Relief in the Boroujen Red Crescent
- 2005-present : Clinical education in Medical and Surgical wards to students of nursing, Boroujen nursing faculty. Shahrecord University of Medical Sciences.
- 2005-present : Clinical education in Comprehensive Health Care Centers to students of nursing, Boroujen nursing faculty. Shahrecord University of Medical Sciences.
- 2005-present : Clinical education in Medical and Surgical wards to students of operation room technology, Boroujen nursing faculty. Shahrecord University of Medical Sciences.
- 2005-present : Clinical education in Medical and Surgical wards to students of EMT, Boroujen nursing faculty. Shahrecord University of Medical Sciences.
- 2006 EKG Interpretation in clinical care, for nurses, midwiferies , continuing education, as a lecturer, Boroujen, Valiasr Hospital.
- 1998-2002 : Formal Work Experience in Maternity, Emergency and CCU wards of Vali-e-Asr Hospital of Boroujen for 5 years - Shahrekord University of Medical Sciences
- 2004-2009 : Official Experience as a Clinical Supervisor in Nursing Office of Valiasr Hospital Boroujen - Shahrekord University of Medical Sciences
- 2006-2009 : Official Experience as a educational Supervisor in Nursing Office of Valiasr Hospital Boroujen - Shahrekord University of Medical Sciences
- 2009 to 2011: Experience as a Health Officer in Schools of the Islamic Republic of Iran in Kuwait.

## **G. Research Projects**

- ✓ “Investigating the effect of fasting on mental health of nursing students of Boroujen” Approved by Shahrekord University of Medical Sciences. 2012

- ✓ “Evaluation of medical and administrative staff knowledge of hospital information system in Valiasr (Borough) Hospital in 91". Approved Shahrekord University of Medical Sciences
- ✓ “Investigating the Relationship between Social Capital and Public Health of Health Workers of Borujen City in 2013". Approved Shahrekord University of Medical Sciences
- ✓ “The Relationship between Self-efficacy and Loneliness and its Comparison in Elderly Residents / Residents of Shahrekord Nursing Homes”. 2013
- ✓ “Relationship between self-esteem and locus of control of quality of life during quitting in addicts referred to addiction treatment centers in Borujen”. 2013
- ✓ “The effect of spiritual care on hopelessness and depression in suicide attempters”. 2015

## **H. Presentations**

- Shirvani M. Shahbazi S. etal (2017) “The Impact of Spiritual Health of health care workers on Health Care of Patients: The 7th Conference of Quran, Etrat and Spiritual Health. Shahrekord Medical University (Poster)
- Shirvani M. Shahbazi S. Mirzaeian R. (2016) “The effect of holy quran reflection on VS And ABG Of Unconscious Patients In ICU. Shahrekord Medical University (Lecture)
- Shirvani M. (2015) Probiotic Gaz Replace Antibiotics. Gaz. Gaz National Conference. Shahrekord (Poster)
- Mirzaeian R - Shirvani M. (2012) "Evaluation of the Frequency Distribution of Causes of Elderly Hospitalization in Vali Asr Hospital in Borujen 2011". Shahrekord Medical University. Conference on Aging and Health. (Lecture)
- Shirvani M, Mirzaeian R.-Sattar A. (2012) "Survey of health status of rural elderly in Chaharmahal va Bakhtiari province in 90". Shahrekord Medical University. Conference on Aging and Health. (poster)
- Mirzaeian R. - Shirvan M. (2012) "Evaluation of pharmacy information system performance in patient safety promotion" Bojnourd University of - - Medical Sciences. National Conference on Quality Improvement with Patient Safety Approach. (poster)
- Mirzaeian R. - Shirvani M. - Ghorbani R. A Comparative Study on the Benefits and Challenges of Mobile Technology in Health. International Congress of Electronic Health. (poster)

- Mirzaeian R.-Shiravani M. - Asgharian S. A Comparative Study on the Evolution of Tariffs by Related Diagnostic Groups. National Conference on Insurance and Health Economics. (poster)
- Shirvan M - Mirzaeian R.. Survey of the Frequency Distribution of Care Provided to Rural Elderly in the Province. National Elderly Health Survey. Kermanshah School of Nursing and Midwifery.1391. (poster)

## **H.II. International Conferences**

Mushroom and breast cancer : review article. Cancer International Conferences .Kish Island .2009.

The effect of Mushroom on biomarkers in breast cancer : review article. cancer International Conferences. Tehran .2010.

The relationship between quality of life and anxiety in parents with ADHA children . Neurology children International Conferences .Tehran. 2011 .

## **I. Students Supervised**

2018-2019 Advisor teacher for nursing student in imported in 1394 & 1396

2017-2018 Advisor teacher for nursing student in imported in 1393 &1394 & 1396

2016-2017 Advisor teacher for nursing student in imported in 1393

2015-2016 Advisor teacher for nursing student in imported in 1393 & 1394

2015-2016 Advisor teacher for operatin room student in imported in 1394

2015-2016 Advisor teacher for operatin room student in imported in 1393

2014-2015 Advisor teacher for nursing student in imported in 1393

2013-2014 Advisor teacher for nursing student in imported in 1392

## **J. Scientific-Executive Records**

2017 Achieving Top Academic Rank in Shahid Motahhari Festival in Shahrekord University of Medical Sciences.

2018 Achieving Top Academic Rank in Shahid Motahhari Festival in Shahrekord University of Medical Sciences .

## **K. Honors, Awards and Inventions**

- Awarded at the First Clinical Governance Festival. Shahrekord university of medical sciences. 2015



- Receiving a Letter of selected women of University - Shahrekord University of Medical Sciences, 2014.
- Selected Researcher of Borujen County - Governorate of Borujen - December 2012.
- Receiving a Letter of Inclusion in the Case for Teaching First Aid to People on Nursing Day - Presidency of Valiasr Hospital Boroujen - 2007.
- Receiving Letter of Appreciation as Holding Breastfeeding Training Workshop - Head of Boroujen Health Network - Fall 2005
- top student in Master science degree of Tabriz University of Medical Sciences. 2005.
- top student in bachlor science degree of Shiraz University of Medical Sciences. 1998.

## **L. Professional Memberships**

L.I. Gifted talent students

2011 –present One member of social Factors Affecting health research center. shahrekord Univ Med Sci

2005-present : One member of Iranian nursing association.

## **M. Research Interests**

1. Education development in nursing
2. Health Promotion
3. life style
4. Epidemiology
5. herbal medicine

## **N. Cultural & Social Activities**

1-Participation in scientific congresses and seminars as audience

2-An active member of Personnel Basij in 2002-present

3- An active member of Personnel sport in 2002-present

## **O. Referee**

Dr Maryam Hazrati. Shiraz Faculty of nursing and midwifery, Shiraz, Iran

Mahin Baradaran. Tabriz Faculty of nursing and midwifery, Tabriz, Iran

Dr Mohammad Hosein Sahebi Hagh. Tabriz Faculty of nursing and midwifery, Tabriz, Iran

Dr Eskandar Fathi Azar. Tabriz Faculty of Psychology, Tabriz, Iran

Dr naeimeh Seyed Fatemi. Iran Faculty of nursing and midwifery, Tehran, Iran